

POSITIVE THINKING

Train your mind to see the good in everything.

Positivity is a choice.

**The happiness of your life depends
on the quality of your thoughts.**

**‘To survive the fire all around,
let the fire inside be made brighter
through positive thoughts’.**

MIND is not a dustbin to

Keep anger, hatred and jealousy.

But it is the treasure box to keep,

Love happiness and sweet memories.

**When life is difficulty and when everything turns bad,
always remember that,**

**Even a Tortoise Can Finish a Race as long as he
never gives up.**

Sometimes we feel: “All doors are closed in our life”.

**But, all the closed doors may not be locked;
they may be waiting for your knock...**

“This too shall pass”

This phrase (original in Chinese) exhorts to be patient and have faith. This should be etched in our mind and displayed on your desk in office and house, be a reminder that no matter how bad things get, difficulties in life are transient and will go away in time.

‘Stop trying to calm the storm

Calm yourself and let the storm pass’.

