

WORDS OF WISDOM

Paramahansa Yogananda

A world renowned Indian Spiritual Leader and Founder of 'Self-Realisation Fellowship', California, USA .

A few 'Words of Wisdom' from Paramahansa Yogananda are quoted here. A brief write-up is given in the following pages.

“..You realize that all along there was something tremendous within you, and you did not know it”.

“When you go beyond the consciousness of this world, knowing that you are not the body or the mind, and yet aware as never before that you exist – that divine consciousness is what you are. You are That in which is rooted every-thing in the universe”.

“It is not a pumping-in from the outside that gives wisdom; it is the power and extent of your inner receptivity that determines how much you can attain of true knowledge, and how rapidly. You can quicken your evolution by awakening and increasing the receptive power of your brain cells”.

“Mankind is engaged in an eternal quest for that “something else” he hopes will bring him happiness, complete and unending. For those individual souls who have sought and found God, the search is over. He is that Something Else”.

“Why should you think He is not? The ether is filled with music and is caught by the radio – music that otherwise you would not know about. And so it is with God. He is with you every minute of your existence, yet the only way to realize this is to meditate”.

“It is not a question of belief,” [my guru said]. “The scientific attitude one should take on any subject is whether it is true. The law of gravitation worked as efficiently before Newton as after him. The cosmos would be fairly chaotic if its laws could not operate without the sanction of human belief.”

“In seemingly empty space there is one Link, one Life eternal, which unites everything in the universe – animate and inanimate – one wave of Life flowing through everything”.

“Our great whirling planet, our human individuality, were not given to us merely that we might exist for a time and then vanish into nothingness, we might question what it is all about. To live without understanding the purpose of life is foolish, a waste of time. The mystery of life surrounds us; we were given intelligence in order to solve it”.

“Change yourself and you have done your part in changing the world. It is only by removing hate from our hearts that we can live a Christi-like life”.

“The yearning for our lost perfection, the urge to do and be that which is the noblest, the most beautiful of which we are capable, is the creative impulse of every high achievement. We strive for perfection here because we long to be restored to our oneness with God”.

Paramahansa Yogananda was born on 5th January 1893 in a Bengali family in Gorakpur, UP, India and named Mukund Lal Ghosh. He got initiation under Guru Yukteswar Giri as ordained by Mahavthar Babaji. After graduating from Calcutta University, he took Sanyas under the name Yogananda Giri. He took part in the ‘Conference of World Religions in 1920’ in Boston, USA. Then he founded “Self Realisation Fellowship” and taught Yoga, Philosophy and Meditation. He established an Ashram in Los Angeles, California, USA. He came and stayed in India 1935-36, to assist Sri Yukteswar Giri in establishing ‘Yoga Sastang’, and visited Mahatma Gandhi. He returned to USA and continued his teachings on ‘Kriya Yoga’ and Self Realisation. He left this mortal world, for his heavenly abode, on March 7th 1952, just after delivering a post dinner speech in honour of the new Indian Ambassador to USA, Sri Binay Ranjan Sen, exhorting that Spiritually advanced India and technologically advanced USA should together build a new world order.



On March 7, 1977, the twenty-fifth anniversary of the passing of Paramahansa Yogananda, the Government of India issued a commemorative stamp in his honour and paid tribute to him in a descriptive leaflet distributed with the stamp and first-day covers.

“The ideal of love for God and service to humanity found full expression in the life of Paramahansa Yogananda.....He had but one goal: God-realization, and one program: to unite East and West by spiritual understanding ...

