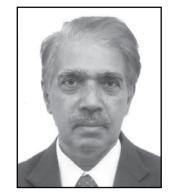
## **EDITORIAL**



## Meaningful Life

What is the meaning of a Successful Life? Is it becoming rich, accumulating money and properties and living in luxuries? Is it becoming famous, winning medals, awards or becoming very powerful with influence over people. Or is it building a family with love and respect, peace and happiness. Some believe that success in life is to be judged after one's death. Did that person while dying have several regrets, such as not doing many things for example not doing enough for parents, or children or friends, or not having gone to cherished Temples / Churches or other holy places and so on. Some think that success is to be measured on the basis of how the person is remembered and respected by people after that person's death. Physical death happens when your brain stops and the heart stops and the soul leaves the body. Oblivion, or real death happens when the last person who remembers you is gone and left this mortal World. After death you do not know (will not know) what others think of you, as you do not exist as you were in your mortal life. So how does it matter who remembers you or not? So the best way is to live a Meaningful Life and be Successful in Life.

For this first is to realize that you are here in this world for a short time, and that you do not really know how short or long, but physical death is certain. So do whatever you love to do, spend time with family and friends, do service to parents, teachers and all those you love to serve, so that you have no regrets as you approach death.

Be with good and spiritually enlightened people - 'samsargaja dosha guna bhavantu'. Choose your friend wisely and do service you love to do. Service to people, animals and all God's creations. Protect nature, purity of earth and rivers, and be part of the team of good people who want to create a heaven on earth for us and for future generations. Then you will have no regrets. Only glory and peace, and the satisfaction that you led a Meaningful Life.

**Dr. C. G. Krishnadas Nair** Chairman – Editorial Advisory Board

