

Micro-RNA Mediated Signalling Circuits in Endocrine-Dependent Malignancies of Human Reproductive System

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Abstract

Breast, ovarian, endometrial, prostate and cervical cancers are considered as the major endocrine-dependent malignancies associated with human reproductive system. Current tools used for diagnosis and therapeutics of these malignancies mainly exploit the hormone-sensitivity associated with them. Nonetheless, they often fail to give appreciable outcomes in terms of prognosis and survival rates. miRNAs have emerged as one of the key players dictating the pathophysiology of endocrine-dependent malignancies and present themselves as apt candidates to be developed as potential biomarkers or therapeutic targets for the early prognosis as well as treatment of these diseases. In this review, we have high-lighted the regulatory networks controlled by the promising candidate miRNAs in the pathophysiology of the major endocrine-dependent reproductive system-associated malignancies.

Keywords: Breast Cancer, Cervical Cancer, Endometrial Cancer, miRNA, Ovarian Cancer, Prostate Cancer

1. Introduction

miRNAs are ~22 nucleotides long, small non-coding RNA molecules that regulate the expression of specific target genes at post-transcriptional levels. miRNAs play key regulatory roles in a variety of biological processes like cell proliferation, differentiation, apoptosis, etc.¹. The genes that encode miRNAs harbor ~3% of human genome, which in turn may regulate one-third of human protein coding genes². The miRNAs have been implicated in the regulation of reproductive physiology, where they engage in regulation at different stages, such as at sex differentiation, gametogenesis, fertilization, implantation etc.³⁻⁶. Therefore, any discrepancy associated with the expression pattern of miRNAs can cause adverse impact on the proteome, which in turn can lead to a variety of pathological effects. miRNAs have also been reported to be involved in the pathophysiology of human reproductive system. The malignancies associated with reproductive system are mostly fuelled by hormones and

such malignancies include ovarian cancer, endometrial cancer, prostate cancer, breast cancer, etc.⁷⁻¹⁰. The present review is focused on highlighting the involvement of miRNAs in the regulation of candidate, hormone-fuelled malignancies associated with human reproductive system, with a view to provide a holistic platform of information pertaining to such miRNAs which would serve as potential biomarkers or therapeutic targets for the prognosis and treatment of reproductive system-associated malignancies.

2. miRNAs: Biogenesis, Molecular Structure and Function

miRNAs include a class of small, single-stranded, non-coding RNAs encompassing ~22 nucleotides in their mature form. miRNAs are encoded by endogenous genes which may get transcribed as independent units either from intronic sequences of protein coding or non-coding

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regions or from intergenic sequences. Some miRNA genes are transcribed as polycistronic primary transcripts, and the genes that code for such miRNAs are located in clusters^{11,12}.

The miRNA genes are transcribed by RNA polymerase II/III. The primary transcript thus formed is then processed in the nucleus by a microprocessor complex to yield a hair pin like, 60-90 bp long precursor miRNA (pre-miRNA)¹³. The microprocessor is composed of a nuclear ribonuclease III, Drosha and its partner DGCR8, which is a double-stranded RNA binding protein^{14,15}. Pre-miRNA is actively transported out of the nucleus by Exportin-5 machinery¹⁶ and within the cytoplasm it is cleaved by an RNase III enzyme namely Dicer assisted with TAR (HIV) RNA Binding Protein (TRBP)¹⁷, yielding ~22 nucleotide long miRNA:miRNA duplex characterised by an overhanging of 2 nucleotides at the 3'end¹⁸. A strand with relatively unstable base pairing at the 5' end is then incorporated into RNA-Induced Silencing Complex (RISC) in a mechanism dependent on Dicer, TRBP, dsRNA binding proteins of the AGO family, nucleases, helicases, etc.^{19,20}. The mature miRNA possesses a 2-8 nucleotide long seed sequence at the 5' end²¹. The miRNA-mediated regulation on target gene expression is orchestrated mainly through the limited base pairing interactions between seed region of miRNA and the complimentary sequence available at the 3'UTR of target mRNA. The imperfect base pairing can result in the destabilization of target mRNA by means of deadenylation, decapping, etc.²². miRNA-target interaction may also lead to mRNA sequestration, degradation or storing in processing bodies (p-bodies)²³. According to a few reports, miRNAs might also interact with the 5' UTR, coding and promoter region of the target gene¹. A single miRNA can target multiple mRNAs through limited base pairing interactions, indicating the enormous regulatory potential of individual miRNAs.

3. Influence of miRNAs on Endocrine-Dependent Malignancies of Human Reproductive System

3.1 Endocrine-Dependent Malignancies

The endocrine-dependent malignancies constitute one of the most common types of cancers world-wide⁷. Among

such carcinomas, breast cancer and cervical constitute the first and fourth most common cancers, respectively, among women⁸. Ovarian hormones such as estrogen and progesterone have been reported to play key role in the development of breast cancer. In addition, pituitary hormones such as prolactin and growth hormone have also been implicated in breast cancer development²⁴. Estradiol (E₂) and progesterone (P₄) have been implicated in promoting carcinogenesis of cervical tissue²⁵. Prostate cancer is the second most common cancer among men globally⁹. The male sex hormone, androgens, has been implicated to play key role in the progression of prostate cancer²⁶. Further, ovarian cancer and endometrial cancer have also been reported to be fuelled by hormones. The ratio of estrogen to progesterone has been shown to play a crucial role in endometrial carcinogenesis¹⁰. Gonadotropin releasing hormone and its synthetic analogues have been reported to exert anti-proliferative effect on ovarian cancer cell lines²⁷. In addition, the constitutive expression of progesterone receptors has been implicated in the development of ovarian neoplasm²⁸. The regulatory role of candidate miRNAs in the pathogenesis of major hormone-dependent malignancies of human reproductive system is discussed hereunder.

3.2 miRNAs in Breast Cancer

Breast Cancer (BC) is said to be the most prevalent malignancy and the leading cause of cancer-related deaths among women world-wide⁸. Approximately, 70% of all malignancies associated with breast tissue belong to the hormone receptor-positive category. Endocrine therapy, practiced in such types of breast cancers, though effective in half of the population, developed complications associated with endocrine resistance in the remaining other half²⁹. miRNAs have been implicated to play key role in the pathophysiology of BC and many of these have been identified to be potent therapeutic targets. The recent reports in this regard are discussed.

Ye and his team have reported that the migration and invasion of breast cancer cells were monitored by miR-429 via regulating the expression of its target genes, including ZEB1 and CRK³⁰. Further, an oncogenic miRNA, miR-9, has been implicated to play key role in the regulation of BC cell metastasis. miR-9-mediated effect on metastasis was found to be orchestrated via its target genes, E-cadherin and FOXO1³²⁻³⁵. Similarly, miR-223 has been reported to promote BC cell proliferation by targeting FOXO1³¹.

miR-940 has been implicated in FOXO3-dependent induction of cell proliferation and invasion in BC⁴⁶. According to a report by Zhao and his group, miR-145 is involved in the regulation of cell migration and EMT by targeting FSCN-1 gene in BC³⁷. However, miR-421 has been reported to inhibit BC cell metastasis by targeting metastasis-associated 1 gene (MTA1)⁴⁴. A report by Fong *et al.*, have shed light on the role of a secretory miRNA in modulating the glucose metabolism in the neighbouring cells. The authors suggested that secretory miR-122 in BC plays key role to increase the nutrient availability in the premetastatic niche, by modulating the expression levels of pyruvate kinase in the recipient non-cancerous cells³⁶ (Figure 1).

Further, the expression of miR-183/-96/-182 cluster was found to be upregulated in BC and it was found to be involved in facilitating cell proliferation and migration. Interestingly, miR-182 of the cluster was found to regulate the expression of RAB21 gene³⁸. A report by Wu *et al.*, suggests that miR-30b-5p acts to switch on AKT

signalling in BC cell line by regulating the expression level of ASPP2 gene, and such a regulation has been reported to cause cell proliferation, migration and invasion³⁹. Further, a recent gene knock out study by Hannafon and his group has revealed the oncogenicity of two candidate miRNAs including miR-23b and miR-27b, in MCF7 cell line⁴⁰. Further, miR-142-3p, by targeting HMGB1, has been reported to promote drug sensitivity and apoptosis of BC cells and, hence, the miR-142-3p/HMGB1 axis was suggested to be a potent therapeutic target to manage drug resistance of BC patients⁴¹. In addition, miR-205-3p and miR-18 have been reported to be associated with poor prognosis of BC patients, where miR-18 has been reported to exert its effect by initiating wnt signalling pathway^{42,43}.

A report by Sharma *et al.*, has revealed that miR-191-5p inhibits apoptosis in BC cell lines by directly targeting SOX4 gene and, further, p53 has been identified to be a negative regulator of miR-191-5p expression⁴⁵. Similarly, miR-21 has been reported to promote cell

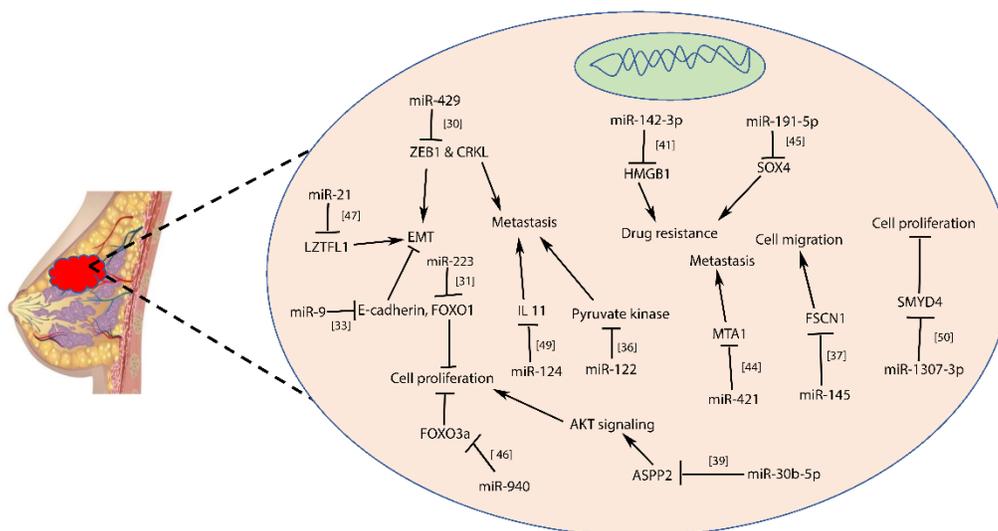


Figure 1. Micro-RNAs in breast cancer: miR-429, miR-21 and miR-9 are involved in the regulation of epithelial to mesenchymal transition in breast cancer cells by targeting Zinc finger E-box binding homeobox 1, Leucine zipper transcription factor like 1 and E-cadherin, respectively. miR-223 and miR-9 are involved in the regulation of cell proliferation by targeting Forkhead box protein O1, while, miR-940 regulates cell proliferation by targeting Forkhead box protein O3a. miR-30b-5p-mediated inhibition of 'Apoptosis-stimulating of p53 protein 2' was found to be associated with the activation of AKT signaling, leading to cell proliferation. miR-1307-3p has been implicated to regulate cell proliferation by targeting SET and MYND domain containing 4. miR-122, miR-124, miR-421 and miR-429 regulated breast cancer cell metastasis by targeting Pyruvate kinase, Interleukin 11, Metastasis associated 1 and CRK Like Proto-Oncogene, Adaptor protein respectively. miR-145 regulates cell migration by targeting Fascin Actin-Bundling Protein 1, whereas, miR-142-3p and miR-191-5p modulate acquisition of drug resistance by targeting high mobility group box 1 and SRY-box transcription factor 4, respectively.

proliferation and metastasis in BC cells and it appears to target LZTFL1 gene, whose protein counterpart has been reported to regulate β -catenin signalling, promoting the process of EMT⁴⁷. In addition, Yan *et al.*, have reported that knockdown of miR-21 in BC cell line prevents cell proliferation, migration and tumorigenesis⁴⁸. Further, miR-124 has been reported to prevent metastasis of BC cells by targeting interleukin -11⁴⁹. In addition, Han *et al.*, have reported that miR-1307-3p targets SMYD4, a tumor suppressor gene, and thereby promote BC cell proliferation and tumorigenesis⁵⁰.

3.3 miRNAs in Ovarian Cancer

Ovarian Cancer (OC) is the 6th most common malignancy in women. OC is characterised by the malignant transformation of ovarian epithelial cells, stromal cells, germ cells or cells of sex cords, wherein epithelial cells are the most frequent committed ones⁵¹. The OC cells exhibit four different histological sub-types, serous, endometrioid, mucinous and clear cells. Serous cell is the most common among them. Each histological sub-type exhibits distinct morphology and genetic alterations⁵². The prognosis of OC is relatively tedious due to the subtle progressive nature of the disease in the early stage and the acquisition of drug resistance by the OC cells, hence it demands novel therapeutic interventions for the early stage prognosis and treatment. Numerous tumor suppressor/oncogenic miRNAs have been reported to be associated with OC tumorigenesis, and such recent reports are reviewed here.

miR-424-5p, which has been reported to be significantly down-regulated in Epithelial Ovarian Cancer (EOC) tissue and cell lines, upon being restored of its function, targets CCNE1 the gene coding for G1/S-specific cyclin-E1 protein, and leads to inhibition of E2F1-pRb pathway and associated cell cycle arrest at G1/G0 phase⁵³. Evasion of immune system is one of the important hallmarks of carcinogenesis. Programmed cell death-1 (PD-1) and T-lymphocyte-associated antigen-4 (CTLA-4) were reported to be the major immunomodulatory receptors on T cells, which interact with PD-L1 on macrophages and CD80 on dendritic cells, respectively. It has been reported that in EOC, miR-424(322) targets PD-L1 and CD80, which in turn contribute to acquisition of chemoresistance⁵⁴. Further, miR-424-3p has been reported to sensitize OC cells to cisplatin by targeting galectin-3 gene⁵⁵.

miR-145 was found to be down-regulated in OC tissues, cell lines and also in serum samples of OC patients. P70S6K1 was found to be one of the direct targets of miR-145, which, in an AKT/mTOR/P70S6K1 axis-dependent manner, promoted the expression of G1 cyclins and regulated cell cycle progression^{56,57}. In addition, MUC1 gene was found to be another target, which induces metastasis by promoting the expression of matrix metalloproteinase 13⁵⁸. MUC1-dependent transcriptional activation of genes was found to be mediated by wnt/ β -catenin signalling⁵⁹. miR-145 was found to be down-regulated in response to cisplatin treatment in cisplatin-resistant OC cells, and it contributed to the immune tolerance of cisplatin-resistant OC cells by targeting c-Myc, thereby regulating the expression of programmed cell death ligand 1 (PD-L1)⁶⁰. In addition, cyclin D2 (CCND2) and E2F transcription factor 3 (E2F3), two major regulators of cell cycle progression, were found to be the direct targets of miR-145 in OCs, and the rescued expression of E2F3 and CCND2, upon the down regulation of miR-145 in OCs, promoted cell cycle progression⁶¹. In a different study, SMAD4, a mediator of TGF β signalling pathway, was found to be a direct target of miR-145-5p in EOC cells, and the rescued expression of SMAD4, upon down regulation of miR-145-5p, contributed to cell proliferation and migration⁶². High-Grade serous Ovarian Carcinoma (HGOC) is a type of aggressive EOC characterized by loss of function mutation in TP53 gene. miR-145 was found to be down-regulated in HGOC, where metadherin (MTDH), a protein that promotes tumor cell proliferation, was found to be its target, and this study established a link between p53, miR-145 and MTDH⁶³.

miR-125b is another miRNA which was found to be down-regulated in OC-, and PPAR γ -mediated induction of miR-125b expression induced growth suppression by targeting BCL3, a proto-oncogene⁶⁴. Ectopic expression of miR-125b was found to be negatively regulating the process of Epithelial-to-Mesenchymal Transition (EMT) by targeting the S100A4 and SET genes^{65,66}. Laminin γ 2 (LAMC2) has been reported to promote OC progression by activating p38 MAPK signalling in a miR-125a-5p-dependant mechanism⁶⁷. However, miR-125b has been reported to be upregulated in cisplatin resistant OC cells and its contribution to the acquisition of resistance was reported to be by targeting pro-apoptotic BAK1 gene⁶⁸.

miR-100 has also been reported to be down-regulated in OC, where it was found to target Polo-Like Kinase 1

(PLK1), a serine/threonine kinase that regulate mitosis at different stages^{69,70}. In addition, it has also been reported that miR-100 re-sensitizes resistant EOCs to cisplatin by negatively regulating the expression of mTOR and PLK1⁷¹. miR-100 along with miR-22 was found to elicit tumor suppressor activity by targeting multiple components of PI3K/AKT/mTOR signalling pathway⁷².

Further, miR-377 has been reported to be down-regulated in OCs and it showed tumor suppressor activity when ectopically expressed, by targeting JAG1 and CUL4A genes^{73,74}. miR-124 has also been reported to be down-regulated in OC, where it was reported to target SPHINGOSINE Kinase 1 (SphK1) and Programmed Cell Death 6 (PDCD6) genes, thereby contributing to cell proliferation, migration, invasion and evasion of apoptosis^{75,76}. miR-362-3p was found to exhibit anti-proliferative role in EOC by targeting MyD88 mRNA⁷⁷. In addition, miR-490-3p was found to sensitize OCs towards cisplatin by directly targeting ABCC2 gene⁷⁸.

Further, let-7d-5p was found to be down-regulated in OC and the ectopic expression of this miRNA promoted sensitivity of cells to cisplatin and also induced apoptosis by regulating HMGA1 gene and the p53 pathway⁷⁹. However, let-7d-3p was found to be upregulated in OC cells which was associated with the positive response of OC patients to chemotherapy involving carboplatin/placlitaxel. Further, the *in-silico* target prediction analysis indicated that the predicted targets of let-7d-3p were involved in pathways associated acquisition of drug resistance, and such targets include HIF-1, ABC transporters, RAS and ERBB signalling⁸⁰.

A study by Kleemann *et al.*, has revealed that transfection of OC cells with miR-493-3p mimic induce apoptosis by targeting multiple genes including AKT2, HMGA2, STK38L, ETS1 and E2F5⁸¹. In a different study by Tambe *et al.*, Mitotic Arrest Deficiency-2 (MAD2), an important factor of spindle assembly check point, was found to be one of the direct targets of miR-493-3p. Further, the elevated level of miR-493-3p was found to be associated with the reduced survival rate of OC patients with aggressive tumor under paclitaxel therapy⁸².

Giannakakis and his group reported that one of the hypoxia-responsive miRNAs, miR-210, was involved in controlling cell cycle progression by negatively regulating E2F3 and further that the gene coding for miR-210 was often deleted in OC⁸³. According to a study by Jin *et al.*, the sensitivity of OC cells towards cisplatin was found to be dependent on miR-210-3p mediated regulation

on E2F3⁸⁴. Further, a study by Ding *et al.* revealed that in SKOV3 ovarian cell line, miR-210, was involved in the promotion of OC cell migration via promoting EMT⁸⁵. Li and his group have reported that in response to HIF1 α , miR-201 was upregulated in OC cell lines, and it was found to inhibit apoptosis by targeting PTPN1 gene⁸⁶, a negative regulator of pro-survival- RTK signalling⁸⁷.

miR-216b has been reported to promote cisplatin sensitivity in OC cells by targeting PARP1⁸⁸. Similarly, miR-31 has also been reported to contribute to cisplatin resistance in OC cells by negatively regulating KCNMA1 expression, which is a subunit of calcium-regulated big potassium channel⁸⁹. Further, it has been reported that down-regulation of miR-31 imparts taxane resistance in OC cells by promoting the expression of receptor tyrosine kinase MET⁹⁰. According to Hassan *et al.*, miR-31 targets Stathmin 1 (STMN1) gene, a depolymerizer of microtubule, thereby contributes to taxane resistance in OC^{91,92}.

Wu *et al.* have reported that miR-22 was down-regulated in OC cells and further that it promoted EMT and cell viability by modulating the levels of NLRP3 mRNA and, regulating PI3K/AKT pathway⁹³. According to a study by Li, *et al.*, the ectopic expression of miR-22 in OC cell lines promoted apoptosis, suppressed cell viability and autophagy by negatively regulating Notch signalling pathway⁹⁴. Similarly, the expression of miR-106b was found to be significantly low in EOC when compared to normal ovarian tissue and benign tumors. Further, the ectopic expression of miR-106b was found to inhibit tumor progression by targeting RhoC, suggesting miR-106b to be a promising therapeutic candidate to be used for the treatment of EOC⁹⁵.

miR-99a was found to act as a tumor suppressor miRNA in OC, and its expression was found to be significantly low in both OC tissue specimen and cell lines. The gain of function studies of miR-99a revealed that it suppressed OC cell proliferation and invasion by modulating AKT/mTOR signalling pathway and also by regulating the process of EMT, in a HOXA1 target gene-dependent mechanism⁹⁶.

miR-9 and miR-223 were identified as two major biomarkers of recurrent OC⁹⁷. Further, miR-9 has been reported to target E-cadherin in serous OC cells, which thereby promoted metastasis. The inhibitory effect of miR-9 on E-cadherin, has also been reported to promote EMT in OC⁹⁸. It has also been reported to target BRCA1 gene in OC and it further prevented DNA damage

repair and sensitized OC cells to chemotherapy⁹⁹. In addition, miR-9 has also been reported to target Talin1 (TLN1) gene in OC¹⁰⁰. According to a study by Zhang *et al.*, circPLEKHM3, one of the most significantly down-regulated circular RNA (circ RNA) in OC tissues, was found to exhibit tumor suppressor effect by targeting miR-9/BRCA1/DNAJB6/KLF4/AKT1 axis¹⁰¹.

miR-137 has been reported to promote cisplatin induced apoptosis in OC cells by targeting XIAP¹⁰², an anti-apoptotic protein that inhibits the activities of caspases-3, -7, and -9¹⁰³. Further, Sun *et al.*, reported that in cisplatin-resistant OC cells, the increased ROS level caused c-Myc mediated transcriptional repression of miR-137, which led to the rescue of its target gene EZH2 which in turn accelerated cellular survival pathways. Further, c-Myc mediated recruitment of EZH2 to miR-137 promoter has also been reported to be involved in enhancing the repression of miR-137 gene¹⁰⁴. Dong *et al.* reported that OC tissue possesses significantly low levels of both miR-137 and miR-34a, and these miRNAs directly target Snail gene thereby negatively regulating the process of EMT, invasiveness and sphere forming ability of OC cells¹⁰⁵. In OC cells, miR-137 has also been reported to target AEG-1/ Metadherin gene¹⁰⁶. AEG-1, when over-expressed, has been implicated to promote tumor cell proliferation, invasion, metastasis and chemoresistance¹⁰⁷⁻¹⁰⁹. MCL1, one of the major anti apoptotic Bcl2, has been reported to be the target of miR-137 in OC¹¹⁰ (Figure 2).

3.4 miRNAs in Endometrial Cancer

Endometrial Cancer (EC) is said to be the most common gynaecological malignancy globally¹¹¹. It has been classified into two different categories based upon its responsiveness to estrogen. The type 1 EC, also known as the estrogen-dependent endometrioid adenocarcinoma is the most common type, characterised by good prognosis, while the type 2 is non-estrogen-dependent cancer and it has been reported to be highly aggressive¹¹².

miR-494-3p was found to be significantly up-regulated in endometrial cancer (EC) and it promotes cell proliferation, migration and evasion by targeting PTEN and consequently activating PI3K/AKT signalling pathway¹¹³. Similarly, miR-191 was found to be up-regulated in EC tissues and it was found to target Ten-Eleven Translocation 1 (TET1). TET1 is a methyl cytosine dioxygenase, the decreased expression of which

results in hyper-methylation of promoter sequence of APC, a tumor suppressor gene, with a consequent down-regulation in the expression of APC¹¹⁴. The expression of miR-505 was found to be significantly down-regulated in EC tissues and its ectopic expression in EC cells resulted in reduced cell proliferation, migration and invasion with simultaneous increase in the rate of apoptosis. Further, miR-505 was found to target TGF α mRNA and the ectopic expression of miR-505 lead to reduced expression of TGF α with a subsequent reduction in the levels of TGF α responsive proteins like MMP2, MMP9 and CDK2 and increase in the levels of Bax and cleaved PARP, suggesting miR-505 to be a tumor suppressor in EC¹¹⁵. Similarly, miR-137 was found to act as a tumor suppressor in EC whose expression was found to be suppressed by DNA hypermethylation¹¹⁶. In addition, the expression of FOXO1, a tumor suppressor gene, has been reported to be down-regulated in EC. A report by Myatt *et al.*, has suggested that several miRNAs like, miR-9, miR-27, miR-96, miR-153, miR-183 and miR-186 might be responsible for the reduced expression of FOXO1 in EC cell lines¹¹⁷. The expression of miR-873 was also found to be significantly down-regulated in EC tissues and cell lines. A study by Wang and Zhu revealed that miR-873, when ectopically expressed in EC cells, targets hepatoma-derived growth factor (HDGF) and thereby inhibits cell proliferation and invasion¹¹⁸. Karaayvaz, *et al.*, have suggested miR-205, which was found at significantly high levels in EC tissues, to be a unique biomarker in EC¹¹⁹. miR-218, miR-23a and miR-34a have been reported to inhibit EC progression by targeting ADD2¹²⁰, SIX1¹²¹ and Notch1¹²², respectively. In addition, the over-expression of miR-34b was found to inhibit EC cell growth, migration and invasion. Further, miR-34b has been reported to induce cell cycle arrest, in addition to its capability to induce sensitivity of cells to paclitaxel¹²³.

According to a report by Wang *et al.*, increased expression of miR-135a in EC contributes to improved cell proliferation, migration and invasion. In addition, they have suggested that in EC, miR-135a regulates the process of EMT by modulating the levels of EMT markers such as E-cadherin, Vimentin, N-cadherin and Snail. According to them, miR-135a also plays key role in modulating the levels of PTEN and p-AKT in EC cells. Further, miR-135a has also been reported to contribute to the acquisition of cisplatin resistance in EC cells, by negatively regulating apoptosis via modulating the expression of BAX and Bcl2 genes¹²⁴.

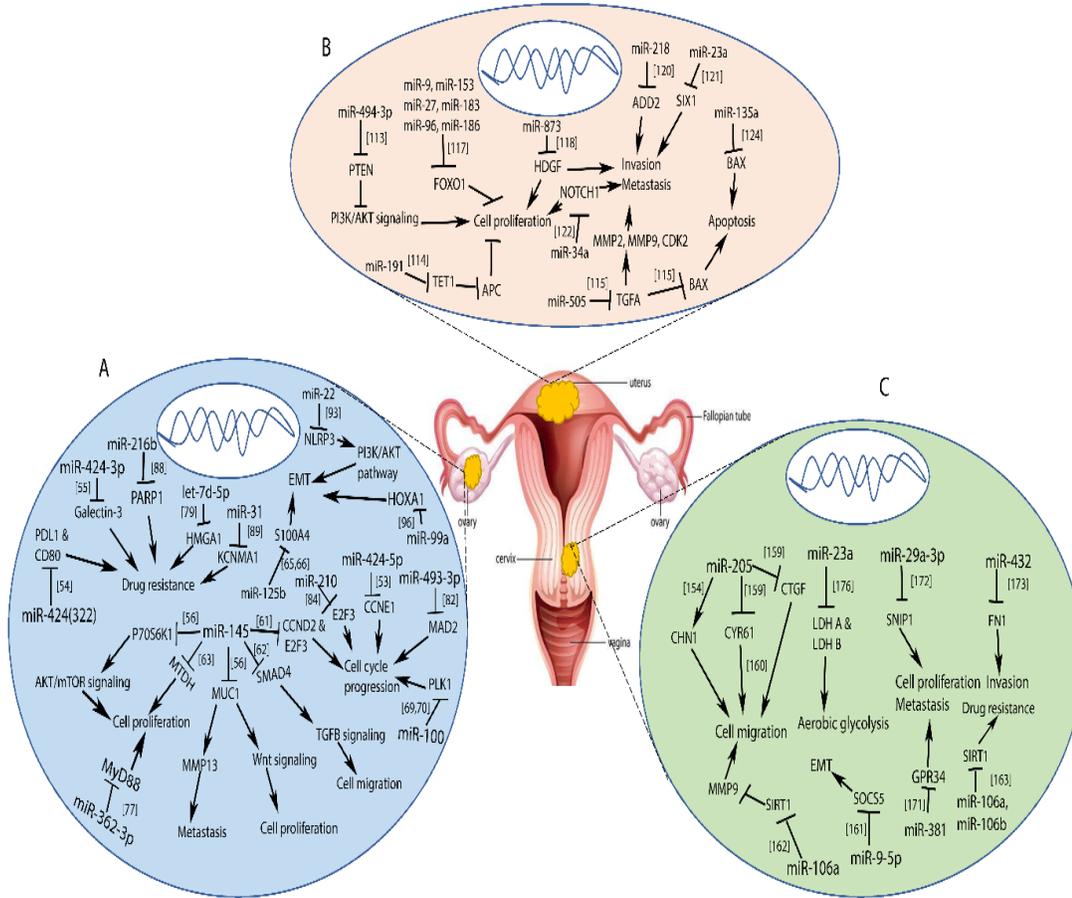


Figure 2. A) Micro RNAs in ovarian cancer: miR-31, let-7d-5p, miR-216b, miR-424-3p and miR-424(322) contribute to chemo-resistance of ovarian cancer cells by targeting Potassium-Calcium-Activated Channel Subfamily M Alpha 1, High Mobility Group AT-Hook 1, Poly (ADP-Ribose) Polymerase 1, Galectin-3 and Programmed death-ligand 1/ CD80 Molecule, respectively. The process of epithelial to mesenchymal transition has been regulated by miR-125b, miR-22 and miR-99a by targeting S100 Calcium Binding Protein A4, NLR family, pyrin domain containing 3 and Homeobox A1, respectively. miR-100, miR-493-3p, miR-424-5p, miR-210 and miR-145 were involved in the regulation of cell cycle progression by targeting Polo-Like Kinase 1, Mitotic arrest deficient 2, Cyclin E1, E2F Transcription factor 3 and Cyclin D2/ E2F Transcription factor 3 respectively. miR-145 regulates cell proliferation, migration and metastasis by targeting different genes such as P70S6K1, Metadherin, Mucin 1 and SMAD Family Member 4, B) Micro RNAs in endometrial cancer: miR-9, miR-27, miR-96, miR-153, miR-183 and miR-186 regulated proliferation of endometrial cancer cells by targeting FOXO1. In addition, miR-494-3p, miR-191, miR-34a and miR-873 also regulated cell proliferation by targeting Phosphatase and tensin homolog, Tet Methylcytosine Dioxygenase 1, NOTCH1 and Hepatoma-derived growth factor respectively. miR-34a regulated tumor cell metastasis in a NOTCH1 dependent mechanism, whereas, miR-505 regulates metastasis in a Transforming Growth Factor Alpha - Matrix metalloproteinase-1/-9 axis. miR-505 indirectly and miR-135a directly target BAX and then regulate apoptosis. miR-218 and miR-23a regulate cell invasion by targeting Adducin 2 and SIX Homeobox 1, respectively, and C) Micro RNAs in cervical cancer: miR-205 is involved in the regulation of cervical cancer cell migration by promoting the expression of Chimerin 1 and by inhibiting Cysteine-rich angiogenic inducer 61 and Connective tissue growth factor genes. miR-106a contributes to cell migration by modulating the levels of Matrix Metalloproteinase 9 in a Sirtuin 1 dependent mechanism. miR-9-5p regulated the process of epithelial to mesenchymal transition by targeting Suppressor of cytokine signaling 5 gene. miR-29a-3p contributes to cell proliferation by targeting Smad Nuclear Interacting Protein 1 and miR-23a modulated aerobic glycolysis by targeting Lactate dehydrogenase A and B genes. miR-432 regulates cell invasion by targeting Fibronectin 1, while miR-381 regulates metastasis by targeting G Protein-Coupled Receptor 34 gene. miR-106a & b contribute to cisplatin resistance by targeting Sirtuin 1.

3.5 miRNAs in Prostate Cancer

With 1.3 million new cases being reported in 2018, prostate cancer is the second most common cancer among men⁸. Being asymptomatic at an early stage^{125,126}, late-stage presentation of prostate cancer continues to remain as a challenge in its diagnosis and treatment. Though Prostate-Specific Antigen (PSA) blood test is performed as a routine diagnostic approach for prostate cancer^{127,128}, the PSA levels were found to be normal in about 15% of the prostate cancer patients¹²⁹. A correlation between prostate cancer progression and its dependence on androgen level was first described by Huggins and Hodgens based on their finding that castration significantly reduced tumor progression in prostate cancer patients. Since then, Androgen Deprivation Therapy (ADT) is the most common treatment used for symptomatic metastatic cancer patients¹³⁰. However, later studies have shown that it aggravated the problems associated with metastatic disease such as osteoporosis, anemia, muscle wasting, and depression in prostate cancer patients¹³¹. Recent studies have brought some new insights into miRNAs as an alternate diagnostic and therapeutic target for sensitive screening and proper management of prostate cancer (Figure 3).

miR-346, miR-361-3p and miR-197 were identified as modulators of Androgen Receptor (AR) gene expression

on screening prostate cancer cells using miR inhibitor library¹³². Unlike the conventional mode of action, they enhance the stability of AR target by binding to its 3'UTR and thereby facilitate tumor migration and invasion¹³². Inhibition of these miRNA could have additive effects when used in combination with anti-androgens for the treatment of prostate cancer¹³². miR-26a acts as a suppressor of Extracellular Vesicle (EV) secretion associated with prostate cancer by targeting SHC4, PFDN4, and CHORDC1, opening the possibility of yet another novel therapeutic approach by inhibiting EV biogenesis to prevent cell proliferation and cell to cell communication¹³³.

Jan C Brase and his group have suggested circulating miRNAs, particularly miR-375 and miR-141, as promising candidates for novel therapeutic strategies in prostate cancer patients¹³⁴. The levels of miR-375 were found to be upregulated in patient samples with systemic prostate cancer disease than with the primary prostate cancer¹³⁴. miR-141 has also been reported to have higher abundance in high grade tumors than in intermediate risk tumors and low-grade tumors^{134,135}. In another study, higher expression of miR-141 has been correlated with adverse disease condition and biochemical recurrence of prostate cancer¹³⁶. However, the functional role of miR-375 and miR-141 in prostate cancer is not yet elucidated. miR-27a was also found to be highly up-regulated in

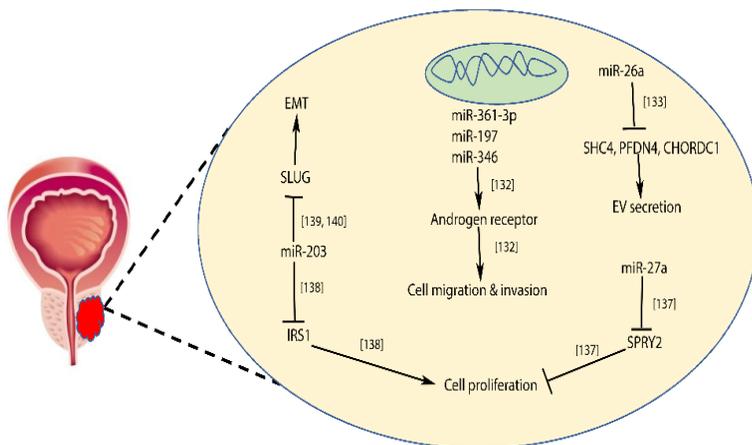


Figure 3. Micro-RNAs in prostate cancer: miR-361-3p, miR-197 and miR-346 promoted the expression of Androgen Receptor and thereby cell migration and invasion in prostate cancer. miR-203 contributed to cell proliferation and epithelial to mesenchymal transition by targeting Insulin Receptor Substrate 1 and Slug, respectively. miR-27a has also been implicated in regulating cell proliferation by targeting SPRY2 gene. miR-26a modulated the secretion of extracellular vesicles by targeting genes including SHC Adaptor Protein 4, Prefoldin Subunit 4 and Cysteine- and Histidine-rich domain containing 1.

prostate cancer cells promoting proliferation in a sprouty2 (SPRY2)-dependent manner¹³⁷.

miR-203 was found to be an inhibitor of proliferation in prostate cancer cells in an IRS1-dependent manner by blocking ERK pathway¹³⁸. miR-203 could also possibly play a key role in preventing EMT associated with prostate cancer¹³⁸ as its direct target include Slug, a metastasis related gene^{139,140}. miRNAs such as miR-711¹⁴¹ and miR-221-5p¹⁴² are reported to act as tumor suppressor in prostate cancer by two independent studies, but their function is not well characterised.

A holistic approach by Verma *et al.* had made it possible to identify dysregulation of miRNAs across various stages of prostate cancer progression using representative cell lines for each stage. The stages were categorised into three: i) early stage androgen sensitivity, ii) advanced stage with loss of androgen receptor function, and iii) Castration-Resistant Prostate Cancer (CRPC) having repressed androgen receptor¹⁴³. miR-146 was reported to be highly up-regulated in advanced stage of prostate cancer with PTGS2 as its prime target¹⁴³. At early stage and CRPC, miR-146, was reported to bind 3'UTR of EGFR¹⁴³. miR-17 was reported to be significantly up-regulated, while miR-205, miR-221, and let-7-g were down-regulated irrespective of the stages of prostate cancer. Different expression levels of various miRNAs have resulted in a patterned expression of their target, AGO2, an upstream transcriptional regulator associated with prostate cancer progression^{143,144}. AGO2 was reported to be inactive during early and CRPC stage, while active in advanced stage of prostate cancer¹⁴³.

Undoubtedly, the field of prostate cancer research has contributed quite a lot to a better understanding of the disease progression. However, the research focussing on the regulatory effects of miRNAs in prostate cancer in a therapeutic point of view must be encouraged.

3.6 miRNAs in Cervical Cancer

Cervical Cancer (CC) is reported to be the fourth common form of cancer in female population worldwide with an estimated mortality of about 54% of the total cases diagnosed with the disease in 2018¹⁴⁴. Chronic Human Papilloma Virus (HPV) infection is considered to be a major factor causing invasive cervical cancer¹⁴⁵. Though 70% of all cervical cancer cases in the world is due to HPV types 16 and 18¹⁴⁶, other factors like prolonged use of oral contraceptives could act as cofactors to HPV leading to

cervical and pre-cancer¹⁴⁷. One of the most devastating aspects of cervical cancer is the early progression of its primary tumor into metastasis creating a major challenge in prognosis and treatment of the disease¹⁴⁸⁻¹⁵¹. Patients with locally advanced cervical cancer often exhibit lymph node metastases, particularly at orbitator and medial external iliac nodes¹⁵². Currently, lymphatic metastasis is mainly diagnosed using imaging technology such as CT and MRI and thereby determining the size of the lymphatic node in cervical cancer patients, but there lies ambiguity as there is lack of sensitivity associated with it¹⁵³. Recent studies have thrown light over miRNAs that play a key role in invasion and lymph node metastasis of cervical cancer. For the first time, Liu *et al.* have reported miR-205 to be a positive regulator of the lymph node metastasis in $\alpha 1$ -chimaerin (CHN1)-dependent manner leading to aggressive cervical cancer progression¹⁵⁴.

Surprisingly, miR-205 was found to be a direct positive regulator of CHN1. However, the mechanism behind the positive regulation exhibited by some of the miRNAs is not yet clear¹⁵⁴⁻¹⁵⁷. Based on the results from colocalization studies *in situ*, CHN1 is suggested to be a regulator of F-actin, a key cytoskeletal component that facilitates cell migration^{154,158}.

Other major targets of miR-205 include CYR61 and CTGF, which also promotes metastasis of cervical cancer¹⁵⁹. Both CYR61 and CTGF, belonging to cysteine-rich 16/connective tissue growth factor/nephroblastoma family, promote cell migration¹⁶⁰. miR-205 could possibly be developed into a biomarker for detecting locally advanced metastases in cervical cancer.

Wei *et al.*, has reported that a higher level of miR9-5p was often associated with cervical cancer patients positive for lymph nodes than those with negative lymph nodes¹⁶¹. miR-9-5p has been found to induce EMT by targeting SOCS5 and bring about tumor progression in cervical cancer¹⁶¹. Edatt *et al.*, have reported that miR-106a regulates cell migration *in vitro* by modulating the levels of MMP9 in a SIRT1-dependent mechanism¹⁶². In addition, Raji *et al.*, have reported that miR-106a/b contributes to chemoresistance of HeLa cells by targeting SIRT1¹⁶³.

miR-21 is yet another miRNA found to be oncogenic in most of the human cancers, including cervical cancer. However, the molecular mechanism of its action is not yet clear¹⁶⁴⁻¹⁶⁷. Recent studies have elucidated its role in EMT in a ZEB1 dependent manner though ZEB1 is not a direct target of miR-21¹⁶⁸. Circulating miR-21 has also been reported as an indicator of lymph node metastasis

of cervical cancer, acting along miR-21/RASA1 axis inducing EMT¹⁶⁵, in which RASA1 is a known inhibitor of Ras protein¹⁶⁹. But, high levels of circulating miR-21 are correlated with bad prognosis and shorter survival time in cervical cancer patients¹⁶⁵.

Another miRNA, miR-221-3p, has been reported to be a clinically important promoter of lymphatic metastasis in cervical cancer patients¹⁷⁰. TWIST2-induced miR-221-3p acts in a THBS2-dependent manner in accelerating invasion in cervical cancer patients¹⁷⁰. But it is necessary to conduct deep study in order to understand TWIST2/miR221-3p/THBS2 network completely¹⁷⁰ to develop potential therapeutic to prevent CC progression.

miRNAs that play an inhibitory role by preventing the invasion and metastasis of cervical cancer have also been identified. miR-381 was found to be significantly down-regulated in the cervical cancer cell lines¹⁷¹. G-protein coupled receptor GPR34, a direct target of miR-381, is often up-regulated in cervical cell lines promoting its progression and metastasis¹⁷¹. miR-29a-3p was found to be inhibiting the proliferation and metastasis of cervical cancer cell lines in a Smad nuclear interacting protein 1 (SNIP1)-dependent manner¹⁷², while miR-432 did the same in a fibronectin1 (FN1)-dependent manner. Decreased miR-432 expression was found to be associated with lymph node metastasis¹⁷³. However, the roles of miR-381 and miR-29a3p in lymph node metastasis have not yet been elucidated.

miR-143 has been suggested as a biomarker of lymph node metastasis before proceeding for a surgery in cervical cancer patients¹⁷⁴. miR-143, located in chromosome 5 (5q32), is close to HPV16 integration site¹⁷⁵, which might interfere with the formation of precursor miR-143 resulting in its lower expression in HPV16 positive CSC patients¹⁷⁴. miR-143 was found to be significantly down-regulated in Cervical Squamous Cancer (CSC) patients with lymph node metastasis than without lymph node metastasis¹⁷⁴. A negative correlation between miR-143 expression and tumor size in the context of cervical cancer has also been reported¹⁷⁴. Aerobic glycolysis has been considered as one of the key hall-marks of cancer and in HeLa cells, miR-23a has been reported to be contributing to that by targeting LDH A and LDH B genes¹⁷⁶.

Lymph node metastasis-specific miRNAs and their target genes associated with cervical cancer progression have also been predicted using a cox-proportional hazard regression model and *in silico* tools such as miRDB and Targetscan¹⁷⁷. The model suggests four miRNAs, namely,

miR-502, miR-145, miR-142, and miR-33b, and seven target genes -CXCL12, IGF1, PTPRC, CDH5, RAD51B, REV3L, and WDHD1, to be the key role-players in lymph node metastasis in cervical cancer patients. Though the levels of miR-145 were consistent with experimental conditions¹⁷⁸, the levels of miR-142 contradicted with that of experimental results¹⁷⁹. Similarly, the expression of genes CXCL12¹⁸⁰, IGF1, WDHD1¹⁸¹⁻¹⁸⁵ and RAD51B^{186,187} correlated with that of experiments conducted in cervical cancer cell lines; however, their profound role in lymph node metastasis remains to be validated. The levels of REV3L under experimental conditions^{188,189} contradicted the predicted result from the model. The role of miR-502, miR-33b, PTPRC and CDH5 are yet to be identified in the context of cervical cancer¹⁷⁷. Though the prediction model opens up possibilities of developing novel biomarkers or therapeutic targets to prevent early metastasis, there is a need for experimental validation in physiological context of cervical cancer cell lines.

4. Conclusion

miRNAs associated with endocrine-dependent malignancies of human reproductive system could be oncogenic or suppressive in nature. Thus, miRNAs present themselves as promising candidates for the prognosis and treatment of human reproductive system associated malignancies. Research till date has helped to identify circulating miRNAs in the serum or in extracellular vesicles, which would serve as biomarkers. However, the functional roles of certain miRNAs have not yet been determined. Therefore, in-depth study is required to understand the molecular mechanism of these miRNAs in the context of endocrine-dependent malignancies.

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